

6116 So. Michigan, Ave.

Chicago, Illinois.

July 13, 1949.

Sister Burnsteen Sharrieff.

3650 East Vernor Highway.

Detroit 7, Michigan.

As-Salaam-Alaikum:

In the Holy name of Allah, the Beneficent, the Most Merciful. Allah of Whom nothing is independent, but upon Whom we all depend. The Allwise, the Lord of the worlds. All praise is due to Allah.

Dear Sister, I have received your reports of the M.G.T. & G.C.C. weekly. Very happy to know that you are advancing in the Class. We here are doing very well, by the help of Allah, and hope that you and your family are likewise.

Now, in regards to those Sisters who you turned over to the Min. to give time for being over weight, as long as a person remains within 5 or 10 lbs. or say anything under 10 lbs. over their proper weight they should not always be punished; especially if they have passed the age of forty (40), because lots of times they increase in weight beyond 40. Now say for an instant, that one should weigh 125 lb. and they weigh around 130 or 135 lbs. well, they can easily leave off a few lbs. and come up to their standard weigh without dismissing them from the Class. Also say for instant, a young child in their teens they may vary in weight due to their growing age, but if one is say 200 lbs. and we want to reduce them, then we reduce them according to their statue, and if we can take away 50 or 60 of these pounds within a couple of years, that is doing fine. Again if one is 125 lbs. and we think they should weigh 118 or 120 lbs. if they remain at the same

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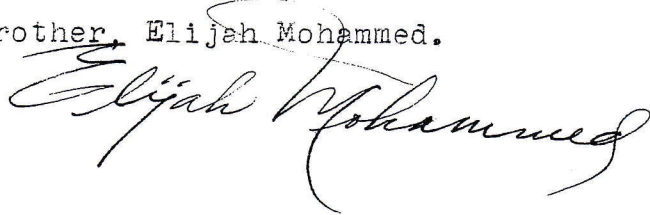
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weight of 125 lbs for a while, then we are not justified in throwing them out of the Class for just a few lbs. over weight, especially when they are near to the proper weight, as our Saviour says to us that the devil's health chart which gives your weight according to age and height is near right, so I hope you will observe these rules and when you have such one it is proper on your part to send me their weight before dismissing them from the Class.

My best love and wishes to you, your family and the M.G.T. & G.C.C. engeneral, as I say unto you,

As-Salaam-Alaikum.

Your Brother, Elijah Mohammed.

A handwritten signature in cursive script, reading "Elijah Mohammed". The signature is written in dark ink and is positioned below the typed name.